



Carolyn Rose Hart

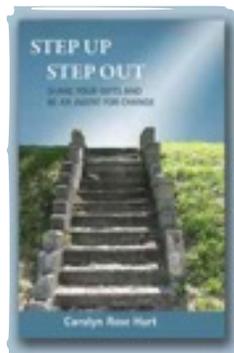
Author, Coach, Trainer

Carolyn Rose Hart, M.A.Ed., Licensed Academy Trainer and the owner of Step Up Step Out, a Speaking, Training and Coaching has a special love for supporting you in seeking cohesiveness and clarity. Professional member of NSA, ICF PCC, Life Mastery Consultant.

Much International travel with immersion programs deepens her worldly perspective of how teams work and the dynamics of groups. While in the educational setting for 30 years, she served as team leader, department chair and transition specialist. Her enthusiastic and focused approach to working with individuals and groups in the face of change provides a space to look deeply into what is possible as you move forward powerfully.

Speaking Topics

- Be Unstoppable: How to Have More Confidence Every Day
- Coach Your Team to Lead and Succeed
- The Myth of Leadership



Step Up Step Out Speaking,
Training and Coaching

P.O. Box 93

Boulder, CO 80306

440-886-3754

www.CarolynRoseHart.com

Carolyn@CarolynRoseHart.com

"It's not often you get the pleasure to listen to such a seasoned speaker as Carolyn.

Her unique skill set and approach to public speaking allows her to connect with the audience on a personal level, anticipating the audience's questions, and providing a foundation for the listener to bring their "better self" into reality."

-Tim Chorley, Toastmaster's International Member

Carolyn Rose Hart of Step Up Step Out has proven to be a very valuable resource to me both professionally and personally! Carolyn brings a warm, professional demeanor to her sessions and skillfully works with her clients to move beyond the detritus that kept me from stepping into my full potential and balance. I highly recommend her services to anyone wanting to actually create changes in their life rather than just talking about them!

Tracy M. McIlrath

Executive Success Partner

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